

KC VIBES

#KC YOUTH MONTH 22

24 JUNE 2022

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10 YEARS**

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AN UPSTANDER LOVES THEMSELVES AND OTHERS

BE A UPSTANDER NOT A
BYSTANDER
#KCYOUTHMONTH22





WWW.RADIOKC.CO.ZA
WHATSAPP: 082 414 1077

JACOBS
JAM COMPANY



SEND US YOUR
**MAAK MY LEKKER
JAM**



#KCBREAKFAST

WITH GRANT JOHNSON

MONDAY - WEDNESDAY - FRIDAY @ 09H00



VALCARE

PROTEAS OF THE VALLEY

NOMINATIONS OPEN
UNTIL 4 JULY 2022

PROTEA'S OF THE VALLEY CELEBRATES 10 YEARS

For the past ten years, Valcare has selected 15 inspiring women as Proteas of the Valley. These fierce and strong women make a positive difference in their communities.

Proteas of the Valley is a women's empowerment initiative that honours women who flourish and flower despite challenging conditions—just like the protea flower.

This initiative aims to give recognition to the women who impact the lives of others for the better. Throughout Women's Month in August, Valcare will spotlight the 15 chosen women, showcasing the good they do.

We invite the public to nominate women from Franschhoek, Paarl, Stellenbosch and Wellington to become Proteas. The nominations for this year's campaign are open until 4 July 2022.

To nominate the incredible women you know, visit valcare.org.za/proteasofthevalley.

**WHEN MGOWO GETS GOING, DIG INTO OUR FULL CHICKEN
SERVED ON A BED OF SPICY RICE, AND A GENEROUS
DRIZZLING OF THE DELICIOUSLY CREAMY NANDO'S ARROZ
SAUCE.**

**NEW CHICKEN ARROZ FROM R199.
GET YOUR PERI-FIX AT
NANDO'S PAARL DRIVE THRU NOW.**



Nando's

KC BLANKET DRIVE

#Love My Valley

Winter is coming.... and as we brace ourselves with our comfy blankets, duvets and warm slippers, think about those less fortunate who will still have to endure the Winelands Chill

At KC 107.7 WE CARE and we want YOU to help join us bring warmth to our people

KC has joined the movement of kindness with Valcare. It's the Love My Valley Blanket Drivefor the whole month of June



Join the Love for those in need and bring Blankets to KC 107.7 at 107 Breda st Paarl or drop them at Paarl Mall in the Blanket Box Studio. Your Blanket donation could receive a thank you gift of R6000.



LOVE MY VALLEY

BLANKET DRIVE

JUNE 2022

**YOU COULD WIN R6000 WITH EVERY
DONATION!!!**

DROP OF POINTS:

- **THE PAARL MALL BLANKET BOX**
- **KC 107.7 @107 BREDA STREET,
PAARL**

***BLANKETS MUST BE NEW OR IN GOOD
CONDITION AND WASHED**

KC LIVE BROADCASTS:

17TH • 24TH • 25TH



VALCARE



YOUTH MONTH INSPIRES KEANU HARKER'S NEW HIT #KCDRIVE

Since his impressive performance at the successful KC Freedom Day Concert in April, self-taught full time Musician Keanu Harker, who graduated as a Music Industry Specialist and Top Performer from the Cape Music Institute, has been busy in the studio.

Keanu joined Brad and SeanJ on the phone this week on KC Drive to share more about his Youth Month inspired hit 'No More'.

“The song No More is a follow-up to my second single, I Believe in Me, off my first album, and both songs speak about standing up for yourselves and what you believe in. There is going to be no more hiding, no more crying, no more backing down and no more believing that we are not good enough to do what we set our minds to,” he said.

No More is available across all major digital music platform

Bradley Fortuin



Willy's Gallico

Funeral Services Begrafnisdienste

64 Jan van Riebeeck Drive, Paarl 021 862 0948

Willy's Gallico

FUNERAL SERVICES BEGRAFNISDIENSTE

021 862 0948 (toll) • 083 947 6347 (AFTER HOURS) • info@willysfunerals.co.za

"There when you need us the most"
"Daar wanneer u ons die nodigste het"



**"LIVES ARE
LIKE RIVERS:
EVENTUALLY
THEY GO
WHERE THEY
MUST. NOT
WHERE WE
WANT THEM
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UPSTANDER KAOMA FERNANDES VISITS TRUTH OF THE YOUTH

In this weeks Truth of The Youth we had a great show as Anri spoke to dynamic youth mentor Kaoma Fernandes about our “Be A Upstander And Not A Bystander” Campaign. Kaoma mentioned how important it is to condition your mind when you face challenges. He motivated and encouraged the youth to have a positive approach on life.

They also had the RX Radio team speak about creating awareness regarding Drug & Substance Abuse this week. Cole & the team was vocal about making it known that kids should not be drinking or smoking.

The KC team are excited to see who the guys will be speaking to next. We also thank Kaoma for sharing his thoughts and wisdom. We wish him well on his endeavour.

Anri Klem



HAWEQUA CORRECTIONAL CENTRE HELD THEIR YOUTH DAY CELEBRATIONS

Friday, 17 June 2022 at
Allandale Corrections

Massive appreciation to Ms. Govender, head of Hawequa and Allandale's Acting Area Commissioner, Mr. Ncamazana for inviting Radio KC/Koinonia to participate and partner too.

Their theme was: Promoting sustainable livelihood & resilience of young people ... and we experienced how gifted and talented Hawequa's juvenile inmates and officials were.



Big thanks to colleagues Louise, Kevin and Ria who attended with me and assisted us in covering the event and Sakhe Duka for live crossing. I can't wait for us (KC) to get more involved with the Department of Corrections again.
Watch this space ...

Eddie Williams



Just Jazz

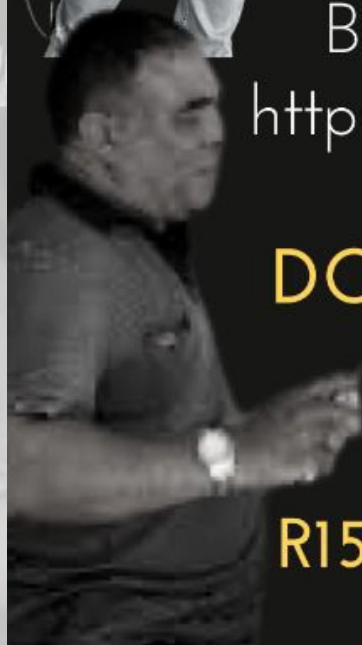
Vat so!

KC 107.7, Die Loft,
Breda Str 107, Lemoenkloof
<https://marthienel.com/bookings/>

**DONDERDAG , JUNIE 30
PAARL**

19:00 - 21:00

R150 PP ALMAL WELKOM





KC 107.7 FM HOST SUCCESSFUL COACHING & WELLNESS WORKSHOP



KC 107.7 FM hosted a successful Coaching & Wellness workshop for staff on 11 June 2022.

KC would like to thank Anthea Shortles from The Coaching Lab & Bonwen Bayman from Mindful Practice.

The workshop was practical and very effective.

It focused on completing your wheel of life, creating personal vision boards, doing group breathing techniques and lastly individual relaxation sessions.

Very empowering.



SAVE THE DATE



26th ANNIVERSARY DINNER DANCE

FRIDAY 23 SEPTEMBER 2022

R 500 PER PERSON

R5000 PER TABLE

VENUE TO BE ANNOUNCED

RESERVE YOUR SEAT OR TABLE

CONTACT US FOR RESERVATIONS

admin@radiokc.org.za



COMMUNITY RADIO FOR THE GREATER PAARL VALLEY

