

NEVER GIVE
UP
#KC @WORK

FESTIVAL
CELEBRATES
HERITAGE FOOD

PENNY NDLELA
VISITS
#KCDRIVE

HAPPY WOMEN'S MONTH

107.7

WOMEN HERO INTERVIEWS EVERYDAY FOR WOMEN'S MONTH OF AUGUST





Bandile Xhosa is living testament to the song "fetch your life" by South African singer/songwriter, Msaki. A former KC@Work presenter, Bandile moved on in March 2022 to join the police academy in Kimberley.

This has always been a dream for him after being inspired by a family member who served his country with dignity and pride.



The share his experience in this new role and the demands it has on ones mental health. It really takes self-discipline to adjust to the new routine and lifestyle



Never give up on your dreams is his message to all youth. He was unsuccessful on two previous occasions to join the police force and was accepted after his third application.

He thanked KC107.7 Chairperson Dr Harlan Cloete for always being encouraging.

He wishes to thank all KC Landers, KC Staff and his family for always supporting him. He encourages all new applicants to never give up on your dreams.







FESTIVAL CELEBRATES HERITAGE FOOD

The Waterblommetjie Festival is back this year and promises to be a celebration of all things inspired by this local delicacy. Join hosts Domaine Brahms. **Rhebokskloof Wine Estate** and Windmeul Kelder on Saturday 3 September for a day of waterblommetjies, wine and family fun. For fantastic food and wine combined with live music and kids entertainment. the Waterblommetjie Festival in Paarl is definitely the place to be.

Waterblommetjies (Aponogeton distachyos) are indigenous to the Western Cape and were introduced to the early settlers as food and medicine by the local KhoiKhoi tribes. It is only available for a short period during winter and has traditionally been used in wholesome dishes like waterblommetijebredie - a stew made with lamb or mutton. During the festival, waterblommetjies are served with a modern twist and appear on pizza, infused in drinks and even ice cream and paired with awardwinning wines from the Paarl region.

The three venues are conveniently located within a 5km radius and can easily be fitted into the one day festival schedule. Instead of paying an entrance fee, festival goers are requested to make a donation of canned foods for a local charity – Athlone House of Strength, a shelter for abused women and children in Paarl.

There are drop-off points at each venue.



Domaine Brahms offers buffet breakfasts and lunches at their quaint Toeka Stoor, which stocks antiques and other collectables. A variety of waterblommetjie dishes and fresh waterblommetjies will be available. Selected wines will be offered at special festival prices. Visit the farmers market for fresh local produce, take a tractor ride or feed the farm animals. Live music will create a festive vibe and the talented face painting artists are ready to get visitors of all ages in a festive mood. An outdoor play area with jumping castles will keep the kids entertained.

With its sprawling lawns next to a tranquil dam, Rhebokskloof has plenty of space for the whole family. Local band Tequila will provide live music. Although the restaurant will be closed, there is a dedicated bar and food area where visitors can try the traditional stew or waterblommetjie infused dishes including pizza and delicious ice cream.
Chicken nuggets and fries will be available for the children. A jumping castle, slippery slide and dedicated play areas will delight the little ones.

The Waterblommetjie
Festival originated at
Windmeul Kelder and
they are still honouring
tradition with a fiercely
contested
waterblommetjie
potjiekos competition.
Teams can enter the
competition at
wines@windmeul.com
and the potjies (three
legged cast iron pots) vary
from authentic to
innovative.

Windmeul's monthly farmers' market will sell seasonal products and a sumptuous farmers' breakfast is served while stocks last. Visit the tasting room to stock up your cellar at discount prices. Running enthusiasts can start off their morning with the Run the Vines trail run with routes of 5km, 10km or 17km. Enter at www.runthevines.co.za/. Ruan Theron and Wynand Windpomp will provide live music and a kiddies area with jumping castle is open for young visitors.

Visit
www.waterblommetjiefee
s.com for more
information. And follow
@waterblommetjiefees on
Instagram or
@waterblomfees on
Facebook for updates.





KC 107.7

WOMAN HERO

AUGUST 2022

A Women Hero a Day Live on KC 107.7

for the entire month of August

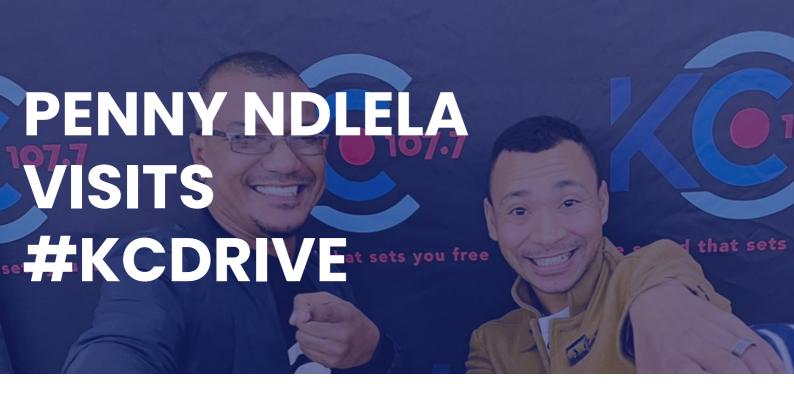
Brands/corporate can take ownership of these
features as follows:

OPENING AND CLOSING BILLBOARDS

1 X 30SEC ADVERTISEMENT PLAYED AFTER THE
INTERVIEW



#KCBREAKFAST X20 INTERVIEWS - R15 000 KC@WORK X20 INTERVIEWS - R10 000 KC LUNCH X20 INTERVIEWS - R10 000 KC DRIVE X20 INTERVIEWS - R10 000



Penny for your next dream holiday

This week the KC Drive team continued celebrating local Women's Month Heroes.



Brad and SeanJ caught up with Penny Ndlela. the Founder and CEO of Soul **Traveller Tours - the** first group travel tour operator in South Africa to encourage 'immersive tourism' by exposing local and international travellers to the beauty, majesty and intimacy of South Africa's landscapes, culture, history and people.

Penny loves to travel and to connect people with places they've always dreamed of. She also enjoys running and has recently gone back to her first love; dancing.

When asked about her favourite mantra, she simply said, 'We love positive vibes only, that's our vortex.'



Willy's 🐉 Gallico

Funeral Services Begrafnisdienst

64 Jan van Riebeeck Drive, Paarl 021 862 0948





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Willy's 🏅 Gallico

Funeral Services Begrafnisdienste

64 Jan van Riebeeck Drive, Paarl 021 862 0948



"There when you need us the most"
"Daar wanneer u ons die nodigste het"

TREASURE."



26thANNIVERAARY DINNEE DANCE



FRIDAY 16 STREEBER 2022

VENUE: KREVEN URFESTATE PAARL

R 50 PEX PERSON R 300 ER TABLE

ESE VE OUR SEAT OR TABLE

CON ACT US FOR RESERVATIONS admin@radiokc.org.za



SPRINGBOKS vs Wallabies

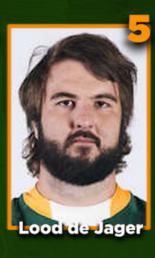
27 August 2022 Adelaide































Marx













Steyn



COMMUNITY RADIO FOR THE GREATER PAARL VALLEY

