



WEEKLY

KC VIBES.

18 NOVEMBER 2022



**JONATHAN
RUBAIN
VISITS
KC DRIVE**

**CLASS OF 22
STILL IN HIGH
SPIRIT'S MIDTS
EXAMS**

**BOLAND
TOP 12 IN
FOR A
EXITING
WEEKEND**

VIBES



STAY FOCUSSED AND FOLLOW YOUR DREAMS

Dean Fortuin, better known by his stage name, Locurl is Ekka from Van Wyksvlei, Wellington told his story about his journey in the music industry.

He started while he was still in school, listening to his fellow students. He then started to write his own lyrics and also doing his own production.

His message to young artists is to stay focused and never let obstacles de-rail you from your dreams.



THE PASTOR WITH THE KOORTJIES

Hanover Park-born musician and TV presenter, Jonathan Rubain, is set to host a special weekend of Praise and performances known as the inaugural Hallelujah Arts Festival, which will take place in The Mother City this November.

'Pastor Jonathan' sat down with Brad and SeanJ this week as he joined them live in studio on KC Drive.

Rubain proudly reflected on his 100th episode of his popular show, 'Koortjies Met Jonathan' and how ready he is for bigger things next year.

"The Hallelujah Arts Festival aims to host a variety of different shows all packed into one weekend," said the multi-talented 38-year-old.

It has always been a dream of mine to host a Gospel festival. This will be the inaugural festival and I hope to take it to Pretoria next year.

Our country needs more Gospel festivals. There are all kinds of festivals happening around the country but hardly Gospel festivals.

"I aim to reach the young and the old at this festival," he said, calling on all South Africans to make their way to Cape Town on this special weekend.

Sunday afternoon will be a special one as comedian Marc Lottering does his first Christian comedy set.



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THIS SUMMER



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“A GOOD EDUCATION IS THE FOUNDATION FOR A BETTER FUTURE” - ELIZABETH WARREN.

Noorder Paarl High matriculants popped in at KC@WORK this morning, to share their examination journey so far. KC would like to thank them for taking time out of their busy schedules to come and chat with us. The students opened up about challenges they face on a daily basis but is still confident and believe they're well prepared. The bunch was in high spirits for the rest of the exam.

As we head into the last stretch for the Class of 2022, we wish the entire class all the best for the exams that lie ahead.

WHATS ON IN KC LAND ?

SAVE THE DATE

Christmas CAROLS

TIME: 18H00

4 DECEMBER PAARL
11 DECEMBER WELLINGTON

#SINGSAAM #WEALLSINGTOGETHER

CANSA CLINIC DAY PAARL 09:00 – 15:00

25 NOVEMBER 2022

MEN'S HEALTH

Screening Available

- Prostate Specific Antigen (PSA)
- Blood test – R180

BOOKING RECOMMENDED WALK-INS WELCOME

CANSA Paarl Care Centre
Venue: No. 2 Monte Rosa Building, 276 Main Road, Paarl

For bookings or more information contact:
CANSA Care Centre:
Naomi Philander 061 209 9426

VOLUNTEERS WHERE YOU AT?

The ICC Women's T20 World Cup is rapidly approaching! Do you want to be a part of the action at BOLAND PARK, PAARL?

Email us at PaarlVolunteers@cricket.co.za with the following details

Name & Surname	ID number	Gender
Age	Contact number	Home Address

SUBMISSIONS CLOSE ON THE 18TH OF NOVEMBER 2022

SEE YOU SOON!

50

Frank Pietersen Music Centre Musieksentrum Iziko Lomculo

Funky Hats BEGINNERS CONCERT

November 25, 2022
Frank Pietersen Music Centre Hall
17:30

Free Entry
Donations Welcome!

WEEKLY

VIBES



CHOCOLATE CHIP COOKIES

Lentils and Lace 17/11/2022

www.lentilsandlace.com

Facebook: Lentils and Lace

Instagram: Lentilsandlace



My families all time favourite biscuit has got to be chocolate chip cookies. I enjoy these biscuits so much that I have been experimenting different ingredients to enhance the flavours and texture of this luxury treat.

You could bake a whole batch and freeze it too they last up to two months in the freezer. Just bake, let cool and then put in zip lock bags and freeze. Before serving remove from bags and allow to reach room temperature.

The raw cookie dough can also be frozen. Just roll dough into a sausage shape, wrap in cling and place in freezer bag. Defrost and bake as normal.

RECIPE

1 cup softened butter
1 cup white sugar
2 eggs
2 teaspoons vanilla essence
1 teaspoon baking powder
¼ teaspoon salt
3 cups flour sifted
2 cups semisweet chocolate chips
1 cup chopped walnuts

STEP 1

Preheat oven to 175 degrees

STEP 2

Beat softened butter and sugar in a large bowl. Beat in eggs and vanilla essence. Add sifted flour with salt and baking powder. Stir in the chocolate chips and chopped walnuts. Drop spoonful of dough onto a greased baking sheet. Do not press dough down. Bake for 10 minutes in a heated oven. Cool on wire rack. Drizzle melted chocolate if you like. ENJOY!

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SOUTH AFRICA 'A'- LOSE AGAIN



South Africa 'A' side suffered a disappointing 26-18 defeat against the Bristol Bears on Thursday, with the second defeat of their short European tour coming after another underwhelming performance, this time at a packed Ashton Gate Stadium in Bristol.

Lets hope the Springboks can make up for it this weekend.

Scorers:

Bristol Bears 26 (13) - Tries: Gabriel Ibitoye, Yann Thomas. Conversions: Callum Sheedy (2). **Penalty goals:** Sheedy (4).

South Africa 'A' 18 (6) - Tries: Ntuthuko Mchunu, Sikhumbuzo Notshe. Conversion: Johan Goosen. **Penalty goals:** Sacha Feinberg-Mngomezulu (2).

MASSIVE WEEKEND FOR BOLAND TOP12 TEAMS



Massive occasion for all the teams participating this weekend. Who do you have winning and who will be playing in the Semi-Finals on the 26th of November at the Boland Stadium?

It's been a wonderful competition so far, all made possible by the sponsors Metropolitan, Agrimark & Clubsmart.

The fans have been amazing as well with their continued support throughout the Boland Top12 competition.

It all comes down to this weekends action! Permutations galore.

WORLD'S BIGGEST SPORT EVENT KICKS OFF THIS SUNDAY



Football's biggest tournament kicks off this Sunday, with the hosts taking on Ecuador in the curtain raiser.

With just days away from the biggest kickoff, teams are making their preparations and DStv is here for every goal.

Even if you're not a football fan, it's hard to ignore the excitement the world's most famous tournament brings.

The FIFA World Cup Qatar 2022 is the biggest live event that will be broadcast on SuperSport, with a total of 64 matches from 20 November until 18 December.

Games will be available in 4K and will be broadcast in various languages for your viewing pleasure.

The opening game between Ecuador and hosts Qatar will kick off on Sunday, 20 November, at 6pm. Be sure to tune in

VIBES

AUTUMN NATIONS

ROUND FOUR FIXTURES

WALES		13:00		GEORGIA
19 NOV 2022				
ITALY		13:00		SOUTH AFRICA
19 NOV 2022				
SCOTLAND		15:15		ARGENTINA
19 NOV 2022				
ENGLAND		17:30		NEW ZEALAND
19 NOV 2022				
IRELAND		20:00		AUSTRALIA
19 NOV 2022				
FRANCE		13:00		JAPAN
20 NOV 2022				

SPRINGBOKS vs Italy

19 November 2022
Genoa

BOLAND TOP 12

ROUND 5 FIXTURES

	RANGERS ROBERTSON	VS	WESBANK	
[November 19, 2022 14:00 PM]				
	SALDANHA	VS	CALEDON	
[November 19, 2022 15:30]				
	HAWSTON	VS	CITRUSDAL	
[November 19, 2022 16:00 PM]				
	DARLING	VS	BELLA VISTA	
[November 19, 2022 16:00 PM]				
	DELICIOUS	VS	MONTAGU	
[November 19, 2022 16:00 PM]				
	ST. HELENA	VS	ROSES	
[November 19, 2022 16:00 PM]				

FIFA WORLD CUP Qatar 2022 Groups

Group A Qatar Ecuador Senegal Netherlands	Group B England IR Iran USA Wales	Group C Argentina Saudi Arabia Mexico Poland	Group D France Australia Denmark Tunisia
Group E Spain Costa Rica Germany Japan	Group F Belgium Canada Morocco Croatia	Group G Brazil Serbia Switzerland Cameroon	Group H Portugal Ghana Uruguay Korea Republic

